





## The Pelican News

President Secretary Treasurer Peter Ward Robin Hearder John Bennett

ROTARY CLUB OF THE ENTRANCE INC.

Chartered 26<sup>th</sup> April 1972 District 9685

> RI President Shekar Mehta

District Governor Lindsay May OAM



#### **SERVE TO CHANGE LIVES**

Meetings will resume as face to face on 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays at the Mingara Club at 6:00 for 6:30 as covid conditions allow. Board meetings will continue on Zoom unless agreed otherwise.

Attendance and apologies to David: 43881749 or 0450068887

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FORTNIGHTLY BULLETIN 2021-22

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## FROM THE PRESIDENT'S DESK

It would be remiss of me not to mention the District Conference held last weekend. Clive, Robin and I attended. The keynote speaker Friday night was Dr Daniel Noor - a recently recognised Young Australian of The Year for his work in setting up Street Side Medics (a similar organisation to CCPC Health on The Streets). A very relatable and inspiring speaker and a great reminder of the importance of the work we are supporting. For me the highlight of the weekend was seeing in person so many of the Rotarians I've come to know over the years. While it has been a few we've had vears since the opportunity to gather, the relationships have not diminished - maybe partially due to our shared purpose but whatever the reason, it speaks to another benefit of being a Rotarian.

And while it is good to have longer term members at the conference, my overwhelming thought during the Saturday presentations was why aren't our newer members here? The opportunity to meet the speakers, to hear the stories provides real insight into the breadth of activities that clubs can pursue and more importantly, the real and lasting impacts these activities can have on individuals. We truly change the world a person at a time.

As a club we do great things and it is always enjoyable when we socialise together. Our dinner at the Preview Restaurant was a reminder that, while we are good together, we are much better when we bring guests into the mix – a great evening. And I'm expecting you will get a whole new insight into what can be possible when we invite our partners in our Sri Lanka oxygen equipment global grant to provide an update in next Tuesday's meeting.

I'm looking forward to the update and I'm looking forward to seeing you there (on Zoom).

Have a great week.

Peter Ward

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Lovely social night at The Preview Restaurant this week



# Domestic Violence on the Coast Emma McBride 15th March

We welcomed long-standing member Emma McBride with a presentation on <u>Domestic Violence</u> on the Coast.

She gave a brief history into her time in Rotary, and how she started with Rotary by joining a Group Study Exchange, travelling and promoting cultural and good will. The program and her time abroad gave her confidence to go onto her later endeavors and become a Pharmacist, working in the commercial and medical hospital system.

Emma then began her presentation about Domestic violence, noting that there are far too many organizations on the coast all vying for donations and funds to survive. Domestic violence equals to one woman being killed per week and 1 in 4 experience some sort of domestic violence in their lifetime.

Numbers in this area have increased by over 10%. Covid and the rental market have made it much more difficult to escape the situation.

Emma spoke about a government report - Respect @ work which made 55 recommendations of which 46 have been noted accepted priorities. Work should be a safe place. Emma explained how her government are proposing a escaping domestic violence payments with a cash voucher to the valve of \$1500 and with Fair work adding a proposal for 5 day leave of paid leave.



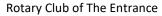
There are a large number of women over the age of 55 who are victims of domestic violence. It takes an average of 7 years for a male to regain himself, but most women never recover. Women have less superannuation and therefore fewer options.

Problems facing society include a lack of respecting people, lack of education, higher unemployment, stress relation conditions, mental health and 70% sole parents. Emma also spoke about a program on the coast called love bites at school awareness.

Emma ended her presentation noting the good work done by the team at HOTS, a very good local organization growing to meet the local community demands and added she thought the community directory was a good idea. Some of the other organizations she noted was Handbag for dignity and CC domestic community partners.

John Bennett





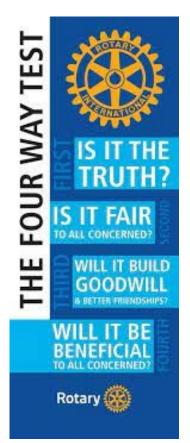


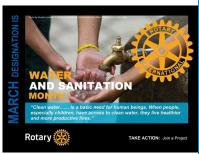




A man left for work one Friday afternoon. Instead of going home, he stayed out the entire weekend hunting with the boys and spending all his wages. When he finally got home on Sunday night, he was confronted by his very angry wife. After two hours, she stopped nagging and said, "How would you like it if you didn't see me for two or three days?" He replied, "That would be fine with me." Monday went by and he didn't see his wife. Tuesday and Wednesday came and went with the same results. Thursday, the swelling went down just enough for him to see her a little out of the corner of his left eye.

All are welcome to attend our dinner. If you wish to come and have not received an invitation, it is our oversight and we encourage you to contact us.









#### INVITATION

The Rotary Club of The Entrance
is celebrating its 50<sup>th</sup> Year
and wishes to invite all members, past members,
supporters and friends

to the Celebrations

to be held on Tuesday 26<sup>th</sup> April

in the Tasman Room, Mingara Recreation Club

at 6:30 for 7:00pm

Cost \$45 per person

Dress smart casual

Tables of 8

Please deposit identified ticket money to:

Bendigo Bank BSB 633 000 Ac 168 103 455

## RSVP by 15 April

David Waterhouse 0450 068 887 Julie Glover 0427 426 393

waterhoused@bigpond.com

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SKILLS-FOR-SCHOOLS is a layered strategy to build safety around self-harming behaviours in young people. Ask me about training and awareness programs fully funded by SOKS.

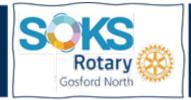
Visit <a href="www.soks.org.au">www.soks.org.au</a> to find out about the work of this wonderful group of fundraisers for youth suicide prevention on the Central Coast.

There is a range of programs on offer through Lifeline and funded through Rotary Gosford North's SOKS program (Save our Kids from Suicide) which has been running since its inception in 2010.

The SOKS story is interesting and well worth a read, and they have many different courses available, which are open to our members should you wish to participate. This is truly Rotary In Action! Go to <a href="https://www.soks.org.au">www.soks.org.au</a>



Skills-for-life training is for those who assist or support others facing challenging times. View our in-person and online workshop choices at www.lifelinedirect.org.au



On the Central Coast NSW, we are proudly supported by the Save Our Kids from Suicide SOKS Project.



## **ROTARY THE ENTRANCE SINCERELY THANKS OUR SPONSORS**







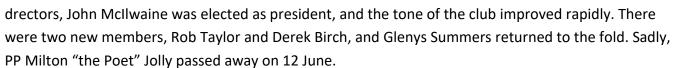
## The Rotary Club of The Entrance—1998-2001

## 1998 - 1999 Don Bradford, John McIlwaine

The RI President was James L. Lacey, and his theme was, "Follow Your Rotary Dream". The District Governor was Alex Gow.

The club president was Don Bradford, then John McIlwaine (for the second time); Secretary was Con Bartsos; and Treasurer was Rob Unwin, who haad joined the club in the previous November.

The first half of the year was a very difficult one, with the resignation of five members, poor attendance, overall low morale and the resignation of the president in February. With the full support of the members and



Mingara Club's refurbishments included a water feature near the entrance which was dubbed "The Rotary Wishing Well". It became the role of the treasurer to don gumboots each week, and with brush and pan scoop out the coins into a bucket, take them home to dry, and then bank up to \$100 each week into the Project account. The wishing well was dismantled after a short time to make way for further improvements.

In May the club hosted 30 overseas students from The University of New South Wales on a tour of our district. This was an enjoyable fellowship activity and greatly appreciated by the students. Hayley Desmond and Michelle Norris attended the RYLA seminar at Vision Valley.

The club built its very own "train" for the Yarran Christmas Party with the loan of Michael Drake's "M.A.S.H." Jeep and the skills and labour of a number of Rotarians. The kids just loved it! Harry Filsell ("The Toyman") made and donated scores of hand-made toys for each of the children, as he did for many years.

Through the "Donations in Kind" Program, the club shipped surplus beds from Berkeley Vale Hospital to hospitals in Papua New Guinea and the Solomon Islands. It also hosted 30 overseas students from the University of NSW through the Australian Hospitality Program.



#### 1999 - 2000 Con Bartsos

The RI President was Carlo Ravizza, and his theme was, "Act With Consistency, Credibility, Continuity". The District Governor was Larry Jacka (Miriam).

The club president was Con Bartsos (for the second time); Secretary was Rob Unwin; and Treasurer was Barry Malone.

Once again the club supported local youth. Two disadvantaged children were sponsored to attend Operation Hope at Vision Valley, Arcadia, where they had a week's holiday to learn self-confidence,

motivation and self-worth, guided by trained counsellors. Ray Palmer attended a RYLA Seminar.



Sufficient funds were raised to donate a CAT scan machine in a health facility in Nepal. The club also supported the Dental Maxillo Surgery Project in Katmandu. Club members assisted with supervision at the Blue Light Disco.

Through the generosity of Charles and Helene Zammit, a beautiful set of leadlight stained glass panels was donated by the club to a new high school being built on a remote island in Vanuatu. Regrettably, Charles resigned from the club at the end of the year, due to work commitments.

The tourist board in Rotary Park was upgraded with a new map and renewal of the advertising signs. Club membership rose from 16 to 21 during the year. New members were Ken Delamore, Noeleen Smith, Pam Elliott, Jayne Silich and Doug Allan.

#### 2000 - 2001 Keith Desmond



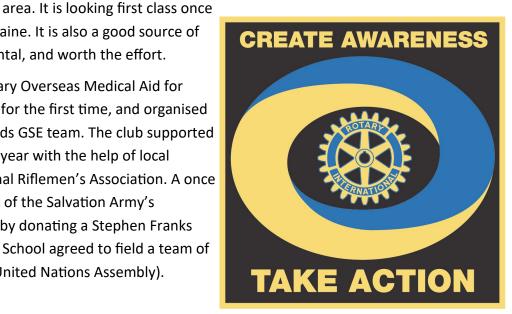
The RI President was Frank J Devlin, and his theme was, "Create Awareness -Take Action". The District Governor was Michael Van Heeswyck (Jennifer).

The club president was Keith Desmond (for the second time); Secretary was Rob Unwin; and Treasurer was Barry Malone. At the beginning of the year there were twenty members, and four new members were inducted during the year: Clem Coxhead, Gary Smith, Peter Clough and Eileen Wyard.

A new project, "Spin 'n' Win" (previously called the "Chocolate Wheel") was introduced on a weekly basis at Bay Village, and greatly boosted the club's fundraising. At Rotary Park, the Tourist Advertising Board was upgraded, and presents valuable information to our tourists regarding the facilities of the

again, thanks to John McIlwaine. It is also a good source of revenue by way of space rental, and worth the effort.

The club supported the Rotary Overseas Medical Aid for Children program (ROMAC) for the first time, and organised a day trip for The Netherlands GSE team. The club supported Bowelscan for the eleventh year with the help of local Probus clubs and the National Riflemen's Association. A once -off project was the support of the Salvation Army's "Grandmother of the Year" by donating a Stephen Franks painting. The Entrance High School agreed to field a team of students in MUNA (Model United Nations Assembly).



The Rotary Club of The Entrance will be celebrating its 50th Anniversary on 26th April this year. In the leadup, we will be publishing flashbacks. We encourage anyone who has old photographs to send them in—anything contributed will be added to the archives and may be in the newsletter in the coming months. For photo submission use this link:

https://docs.google.com/forms/d/e/1FAIpQLSfBvHLDSFwbXWqRKB9F 9KWTm3JRGQLCTI jcXn7 8Xjbb5lw/viewform? usp=sf link

## Snippets from the Board Meeting — 8th March 2022

The Program will be printed in the Pelican News. MUNA is likely to be organized by a Committee from several Clubs. Spin & Win takings from last Saturday of \$722.65 to be immediately donated to the RAWCS National Flood Appeal and any further amounts to be donated as they are collected. Bowelscan to be supported once again. 19 persons will attend the Preview Restaurant, Ourimbah TAFE, on Tuesday 22<sup>nd</sup> March

**HOTS District Grant.** We have purchased 10 more Shelterbags for about \$750.00. Peter said we should apply for another District Grant next year as it was a good Program, and Coast & Country Primary Care is willing to promote us by adding our Rotary logo. The HOTS team suggested additional items they would like

- Vouchers for bus trips and One Day Opal cards for medical appointments
- The Nurse needed a new Tablet, and would consult the IT Dept. for a compatible brand.
- Funds for covering the medication gaps, which were presently being paid by staff.
- Some coloured T or Polo shirts with an indigenous theme for team members

Don willdo another distribution soon of 40 support bags which cost about \$250.00

**50**<sup>th</sup> **Anniversary Dinner** 25 replies have been received so far from 80 invitations, and Glenn-Marie Wright, CEO of Yarran

Early Development has agreed to be the Guest Speaker. RC Gosford North will be holding its 50<sup>th</sup> Anniversary Dinner on Monday 2<sup>nd</sup> May at Gosford Golf Club.

Regarding the Bunnings BBQ Clive proposed that "as CCKinN had provided 10 hours out of a total 40 hours worked, so 25% out of a net \$745 would be \$185, and paid to them"

Clive is disappointed that proposed Golf Day on 27<sup>th</sup> May at Wyong Golf Club has been cancelled.

Joe has continued working on the proposed Community Directory. He has had suggestions it should be available online and in App form.

The basic cost for 200 bags for the Easter Bunny Hunt on Easter Saturday will be \$347.98 or \$1.78 per bag and advertising will commence soon. Entries are \$5.00 per person, and we will break even on 100 entries. Profit will be donated to the flood appeal.

Combined Community and Vocational Awards with RC Erina is going ahead at Mingara Club on Tuesday 10<sup>th</sup> May, and Don will send out the new Nomination Forms this week. A decision will be needed as to whether to spend the annual \$500 Mingara Club dinner grant on the 50<sup>th</sup> Anniversary or the Community Awards night.

## **Upcoming Program**

March			2022	
29th	Tues	Aruni Siriwardene	Columbo Regency Rotary Club	Zoom
April			2022	
2nd	Sat	Spin & Win	Easter Eggs	Bateau Bay
5th	Tues	<b>Board Meeting</b>		Zoom
9th-10th		Collect Raffle Tickets		Mingara foyer
12th	Tues	Speaker TBA		
16th	Sat	Bunny Hunt		Long Jetty
19th	Tues	Social Night	??????	????
23rd	Sat	Spin & Win		
23rd-24th		Collect Raffle Tickets		Mingara foyer
26th	Tues	Club 50th Anniversary	Tasman Rm	Mingara
May			2022	
1st	Sun	District Assembly		TBA
3rd	Tues	Community Raffle Draw	Tasman Room	Mingara
7th	Sat	Spin & Win	Meat Tray	Bateau Bay
10th	Tues	Vocational Awards Night	With Erina	Mingara Tasman Room
17th	Tues	<b>Board Meeting</b>		Zoom
21st	Sat	Spin & Win	Meat Tray	Bateau Bay
24th	Tues	Social Night	??????	????

The Rotary Club of The Entrance sincerely thanks our sponsors and partners, appearing throughout this Bulletin.













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<sup>\*</sup> Family members